



NEWSLETTER

Week 4 Term 1, 2013

Diary Dates

Swimming Program Dates



Week 5

Monday 25th
February to Friday 1st
March

Week 6

Monday 4th March to
Friday 8th March

Friday 28th February

Courier Cup
SAPSASSA Swim
Carnival

Monday 11th March
Adelaide Cup Holiday

Thursday 14th March to Friday 15th March

Year 6/7 Aquatics
Camp

Friday March 22nd
Ride2School Day



Sunday April 7th

Kitchen Garden
Working Bee

Our instrumental tutors– Littlehampton’s hidden talent!

Did you know that we have 3 instrumental tutors who come to the school each week to work with our students? We are really fortunate to have such talented musicians to work with us and build on our already strong classroom music program.

Ray Sandler teaches saxophone, clarinet and trumpet to

13 students at school. Working with such a variety of brass and woodwind instruments means that Ray can also prepare them to play together in our school band. We are really lucky to have a band at our school; very few Primary Schools are able to do so. We are so very grateful to Ray for making this happen. He donates his time to the school every week to lead the band, including setting up and bringing music, equipment and instruments from home. Students and staff in the band meet once a week at lunch time to practise. We have a lot of fun together and have an immense feeling of pride in what we can accomplish.

I really enjoy learning an instrument, it's a good experience! Band is fun and playing our instruments all together makes it sound better than just one - Carla Gore



Peter Beeby offers lessons in guitar and piano / keyboard to 23 students across the school. Charlie Wotton (pictured) says “learning guitar is good because you can do busking and maybe join a band later. It’s fun too!”

It's really good learning drums because it's so much fun and I really like the music we do. At home I play in the lounge room and it's really loud but my mum likes it! Amy Jocks

Shane Cox offers drum lessons on Mondays in the music room... which certainly keeps us awake in the front office! Shane believes that drumming teaches determination, co-ordination, physical endurance and advanced rhythmic ability. It's also a lot of fun.



Do you think your child might be interested in learning an instrument at school? Last week we did a demo for the students in years 4 and 5 to show them how each instrument worked and encouraged them to join us. Instrumental lessons start from as little as \$10 a half hour lesson for lessons with 2 students or more. If you are interested or would like more information you can get brochures from the front office, or you can ring the instrumental tutors directly: Ray 0412034930, Peter 0431151104 or Shane 0411174151.

Kitchen Garden news



Sam & Janelle

First of all, we would like to say how very grateful we are for the wonderful volunteers that helped keep the garden going in the holidays, watering and attending to the harvesting of veggies to freeze for a later date. It was just fabulous to come back to such an abundant

harvest all ripe and ready to cook – thank you so much! Kitchen & garden classes started last week, and we welcomed Janelle Robinson as our new Garden Specialist. The children have got off to a fabulous start in their garden classes with Janelle, who has commenced a new ‘Science’ group in addition to their regular gardening activities. You may hear some talk about being a Horticulturalist, Meteorologist, or Entomologist at school today...and many of the children are ready to adopt worms as their new favourite pet!

Kitchen classes have been busy, smoky and lots of fun, char-grilling Veggie Salads, whipping up Creamy Zucchini Soup, baking delicious Cheese & Herb Scones, and slicing amazing salads – a Purple Coleslaw, and Kylie Kwong’s delicious Hot & Sour Cucumber Salad.

This year in the kitchen we will be building on the skills that the children have acquired over the past couple of years, and introducing a teamwork focus to the classes. The aim here is to move the kids towards greater independence and responsibility in the kitchen, and so far they have been rising to the challenge beautifully. If you haven’t been part of a kitchen class yet, we invite you to join us, even for the occasional session – it’s a fabulous experience for all involved! In the garden, Janelle has been working to make garden classes more ‘volunteer friendly’, with lots of information about different tasks available if needed – so no gardening knowledge required! We have a few spaces left, so if you are available to join us for a 45 minute session we would love to hear from you – Mums, Dads, Grandmas, Grandpas...you are all welcome! Or if you’d prefer to do the occasional odd job instead, you can find an odd job list on the whiteboard inside the garden shed, so you can pop in anytime that suits you, choose one of the many jobs and cross it off the list. There will be a working bee on Sunday 7th April so stay tuned for more details on this. Our next venture will be to get the chicken yard up and running.

Principals Awards Week 3 Assembly

The following students received a Principal's Award for:

RESPECT: Xavier Carbray-Tann, Lucy Hong, Llewellyn Jordan. **INCLUDING OTHERS:** Ali Turner, Caitlin Gore, Jesse Amos, Tarkyn Little. **KINDNESS:** Baylee Pashley, Chelsea Witt. **POSITIVE ATTITUDE:** Mason Selby, Devan West, Dylan Riddle, Oliver Christensen, Alyssa Mumford. **VALUING OTHERS:** Saxon Eades, Kai Banks. **BEING TRUSTWORTHY:** Annalese Gore, Katie Thompson. **POSITIVE ATTITUDE:** Cody Gooden, Aurelia Szillassy, Harry Scholz, Tiahna Rice, Noah Rose, Alan MacDonald.

Fantastic turnout for Martin Seligman last week

More than 70 Littlehampton Staff members and parents attended this evening heard Martin Seligman talk about Positive Psychology at Mount Barker High School on Monday 11th February. We are delighted with this response and interest from our parent and staff community, and parent feedback is that the session was valuable.

Earlier that morning Amber Barrow and Jesse Amos, two of our Year 7 students with Principal Jenny Lewis, attended a special assembly at Mount Barker High School where Martin Seligman addressed student leaders from primary and high schools in the region, as well as the students of Mount Barker High School. He explained PERMA, the elements that if adopted, will ensure people have happier and more meaningful lives. We also watched a video of Mount Barker High School students reflecting on how they used these elements in their own lives.

At 3:30 that same day, five Littlehampton teachers attended and participated in a panel discussion with Martin Seligman and were given the opportunity to ask questions. This was also a valuable experience. He challenged us to move ahead with this program. While there are 20 strategies and tools that we can teach students to use, the real momentum for the program will come from teachers working out strategies with their own classes in ways suitable for the children in their own local area.

We have been inspired by input from Martin Seligman, and the next steps are a team of interested teachers meeting who have made a commitment to meet regularly to ensure PERMA is implemented on a personal level, and with students in classes.

Are you interested in helping with Bush Care in Coppins Bush?

Angela Cullins is the bush care worker who takes groups of our students into Coppins Bush to help with weed eradication. She also has a number of working bee days when adults interested in bush care are invited to come along and help her.

Autumn

APRIL Wednesday 24th MAY Tuesday 14th, Thursday 23rd - Turner's Bush

Spring

SEPTEMBER Friday 20th and OCTOBER Monday 21st and an opportunity to volunteer on a weekend: Saturday 31st August

These usually run from 9am -12pm, with a morning tea break at 10.30am (I'm flexible with times and often negotiate more suitable times with volunteers if need be).

People are welcome for all or part of the time. Wear covered shoes, long sleeves and trousers - gardening gloves if you have them. Bring drink, morning-tea (or sometimes I offer to provide morning-tea which can attract more interest! All training as well as bush care and personal protective equipment provided.

For more info contact Angela 0407 606 568

angelac@treesforlife.org

School Uniform Clarification

We would like to thank all children and parents for taking care to wear the correct school uniform. We think our kids look terrific! It is one of the things that visitors to our school and community always notice. Just a reminder that there are 3 options for the school jumper (all pictured above): the polar fleece jumper or jacket without hood with our logo embroidered, and the embroidered "LITTLEHAMPTON" windcheater, no hood, and the rugby top with white collar and embroidered school logo. These items can be purchased from the Uniform Shop in Mount Barker only. There is also a second-hand uniform shop run by Parents and Friends in the main building of the school. Most items are \$2 or less. While the iron-on school logo is great for the short or long sleeved polo shirts school, it is not suitable for school jumpers. All school jumpers need to have the embroidered logo or LITTLEHAMPTON. We thank you for your cooperation with this!



Finance Matters—REMINDER!

- Families using our Instalment Plan need to make their first payment by 28/2/13
- Full payment of M&S fees is also required by 28/2/13
- All swimming must be paid by this Friday 22/2/13 as lessons start next Monday 25/2/13
- Gym Building Donation of \$100 or \$70 (for approved school card families) is requested from all families. Our first loan instalment of \$6682.92 is due 15/3/13
- Outstanding SAKG invoices need to be finalised by 28/2/13
- Year 6/7 Aquatics Invoices will be sent home next week

Littlehampton Ladies Evening

Do you or someone you know own a small business? Would you be interested in holding a stall at our Parents and Friends Littlehampton Ladies Evening? Please contact Karin Bryson at the email address below or ring Margie Sarre at school for more information. It should be a really fun evening!

Littlehampton Ladies Evening
Friday 5th April 7pm to 9:30pm
Littlehampton Primary School Gym

Tickets \$5 pre-purchased or \$7 at the door includes lucky door prize and complimentary glass of champagne. Stay tuned for information of when pre purchased tickets will be available for purchase.

Demonstrations, Raffles & Auctions,
Market Stalls and Entertainment

Contact Karin at
karins@internode.on.net
for stall & general enquiries

Ride 2 School Day March 22

We are pleased to announce that we will be starting a Bike Ed course later this year at school for students in Years 4 and 5. We would love to have more of our students walking or riding to school. Let's get started by aiming to get as many students as possible participating in Ride2School day March 22nd. Here is some information from the Ride2School organisation:

In recent decades, changes in Australian lifestyles have led to children getting less exercise in their normal day. In 1970, according to the Bureau of Statistics, 80% of Australian school children rode or walked to school. By contrast, today only about 20% of school children get to school by bike or foot. The Ride2School program aims to get more students riding, walking, skating and scooting to school more often and, in doing so, reverse this trend.

Savvy cyclists

There are proven benefits of walking and riding for a child's independence because they develop a better understanding of road rules and general safety compared to children who underestimate the dangers of road travel. Being allowed to walk or ride to school empowers the child with a feeling of personal capability, and demonstrates that a parent has trust in them. This feeling of being responsible and trustworthy makes the child more likely to behave with these attributes as they develop.

Engaging environment

Getting some physical activity in before school has benefits within the classroom as teachers frequently tell us students who walk or ride are the most focused and best able to concentrate. When surveyed, children who are driven said highlights of their journey included 'petrol stations' and 'traffic lights', but children who got to school under their own steam remember moments such as 'meeting up with a friend', 'running over bumps', 'finding a caterpillar' and 'seeing Mrs Woods riding'. It is clear that the children who get to experience the world beyond the car window have a much more interactive relationship with their local environment.






Family Matters

There are many ways for parents and carers to encourage riding and walking to school. The family environment plays a huge role in child behaviour which helps form lifelong habits. Young children like it when parents participate, so a parent could initially join in the ride or walk to school. After a few practice runs both parent and child will feel confident enough for the child to 'go it alone', or with friends! They might find it is a **quicker, easier and more fun** way to spend their journey to school. We are encouraging all students to Ride or Walk to school on Friday March 22nd. Happy travelling!

Did you get a text message from us?

Our new 'Oxygen' text message system is up and running, and families should have received a text message as a test on February 8th. If you did not receive a message please contact us to see that we have your correct phone number in our system. It is important that we are able to contact you in case of School Closure due to Catastrophic conditions.

2013 Term 1 Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	28/01 Australia Day Public Holiday	29/01	30/01	31/01	01/02
Week 2	04/02	05/02	06/02	07/02	08/08
Week 3	11/02 Martin Seligman lecture 7pm Mount Barker High School	12/02	13/02 Preschool & School Acquaintance Night For all year levels.	14/02 Assembly 2:25pm in the gym Parents welcome	15/02
Week 4	18/02 Governing Council AGM 7pm	19/02	20/02	21/02 Newsletter	22/02 Choir Cluster Mount Barker PS
Week 5 Swimming week 	25/02	26/02	27/02	28/02 Courier Cup SAPSASA Swimming carnival	01/03
Week 6 Swimming week 	04/03	05/03	06/03	07/03 Assembly 2:25pm in the gym Parents welcome Newsletter	08/03
Week 7 	11/03 Adelaide Cup public holiday	12/03	13/03	14/03 Year 6/7 Aquatics camp 	15/03 Year 6/7 Aquatics camp
Week 8 Parent teacher student interviews →	18/03	19/03	20/03	21/03 Harmony Day Assembly 2:25pm Parents welcome Newsletter	22/03 Ride 2 School Day LAP meeting Mount Barker Show weekend 23/24th
Week 9 Parent teacher student interviews →	25/03 Forum Leaders Development Day	26/03	27/03	28/03 Student Free Day	29/03  Good Friday
Week 10	01/04 Easter Monday	02/04	03/04	04/04 SPORTS DAY P & F BBQ Newsletter	05/04 Parents and Friends Ladies Evening 7-9:30 pm LPS gym
Week 11	08/04	09/04 District Athletics	10/04	11/04	12/04 Last Day of Term 1 Assembly 1:45 Early Dismissal 2.15pm HAPPY HOLIDAYS