# HOREMANSHIP AND CO-OPERATION

# **Littlehampton Primary School and Preschool**

# **NEWSLETTER**

Week 4 Term 3 2013



#### **Diary Dates**

Monday 19th August Year 2 Excursion Old Tailem Town



Wednesday 21st August Festival Choir Rehearsal

Friday 23rd August Fundraising Souper Food Day

Thursday 29th & Friday 30th August Father's Day Stall



Thursday 29th August Assembly 2.25

Friday 30th August LAP/Multilit Celebration

Friends of Coppins Bush Working Bee Saturday 31st August

Wednesday 4th September Finance Meeting 6.30pm

Friday 6th September Parents & Friends Hot Dog Day

#### Positive Education around the School

Last term a group of five teachers attended training at Geelong Grammar School in Positive Education. Nine staff have also formed a Positive Education Professional Learning Community, where staff members meet regularly to share and to set goals. How is this impacting on our students? Here are some of the ways:

(Reminder, **PERMA** is the basis of Positive Psychology with each letter standing for a research proven factor to increase a person's happiness and wellbeing.)

#### P is for Positive Emotion: Gratitude letters

Year 6 and 7 Mrs Chatfield's class wrote gratitude letters to their mothers. They designed and created a cross stitch card to accompany the letter, posting it so that their mothers would receive it as a surprise when collecting the mail. Giving a gratitude letter or expressing gratitude brings happiness to the person who was grateful, and a big factor in this is seeing how their letter of thanks affects the other person.



#### E is for Engagement: Mindfulness Activities

Helen Kupczynski's Year 1 class have been doing

Mindfulness... this is relaxation/ meditation activities which help children settle after a break so that they can successfully engage in the learning activities that follow. Staff at training in Geelong Grammar School were surprised to hear that this practice is used at all year levels by many teachers to help students switch off from the busy activities, and fully focus on their learning. Year 10 Commerce classes, and Year 12 Maths classes began with 5 minutes of mindfulness activities, and students were encouraged to use this practice to help overcome nerves during exams.

#### R is for Relationships: "What's the Buzz?"

Kate Oglanby, our Christian Pastoral Support Worker has been working with a class on a program called "Whats the Buzz". This is a program of role play and cooperative activities designed to help children get along better and resolve potential conflicts. This program is loved by the children, and the evidence is that it leads to better relationships amongst the group.

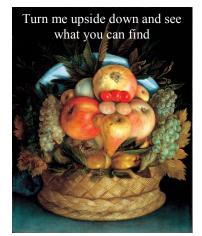
#### *M is for Meaning:* Strong Community

Margie Sarre, Alison Bishop, Kate Oglanby and Kelly Schmidt (parent and P&F member) attended training in KIDS MATTERS. This program looks at how to build wellbeing and resilience and the secret is in the strength of our community. It recognised that parents and caregivers are the most important people in children's lives, and aims to strengthen the relationship between home and school. The program invites parents to work along side us to teach social and emotional health, which will be a great strength for our students.

Next newsletter will be our annual Gymnasium Edition, where we thank all our families who have donated to our Gymnasium Building Fund, and major sponsors are acknowledged. As is our practice, all donors will be acknowledged by name.

If you would like your donation listed anonymously, please contact Debbie Jackson, at the Front Office.

# Whats been happening?





Over the past two weeks, the students have attended workshops with Caterina Pennestri, from the South Australian Art Gallery. The workshop involved learning about an Italian Painter, Guiseppe Arcimboldo, who created imaginative self portraits by looking in a mirror and replacing our facial features with pictures of vegetables. Children made portraits with real vegetables. Here are photos of some of the children and their art work.









Animal visit to our Preschool from Animal Anonymous



Last Thursday and this Monday Adrian from Animal Anonymous came and visited the Preschool, bringing along some Australian native animals for the students to see.

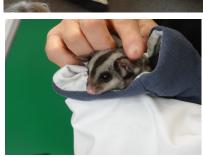
At the moment the Preschool are learning about the Australian native animals, their habitat and which animals are still around and which animals are now extinct and why.

All the children enjoyed this visit from Animal Anonymous to see first hand as well having the opportunity to actually pat some of the animals. The pictures below show what fun they all had. Some of the teachers also had a chance to cuddle some of the animals.









#### Positive Education Around the School cont....

#### A is for Accomplishment and Achievement:



Children and adults gain a great deal of life satisfaction from their accomplishments and achievements. However, achievements do not come easily. It often takes determination, perseverance and true grit before achievements are gained. The Year 6/7 classes have introduced a bell in their building foyer.

When someone makes a significant achievement, something they have worked long and hard for, they ring a bell in the foyer and everyone gives a clap. That way we celebrate the achievement that comes from hard work.

#### Positive Emotion: Panning for Gold

Mrs Forrest's class have been "Panning for Gold". This recognises that some days are hard, and it takes a lot of looking to find the specks of gold, the three good things that happened. Looking for and finding the good things, and reflecting about why they are good, and how you can get more of those good things happening, really lifts a child's mood, and helps them experience more positive emotion.

#### Positive Emotion: What Went Well

Sam Butcher our Kitchen Specialist has been getting the teams of students to present their dish and state **What Went Well** for their group. In a recent group a student stated, "We all had a job to do, and we all did our share, and it was interesting to learn about the spices."

# "Souper" Tasty Food Day Friday 23rd August

On the 23<sup>rd</sup> of August Week 5 the fundraising forum are holding a Souper Food Day!

All the money that we raise on the day will go to sponsor an animal at Monato Zoo. The things that we are serving on the day are: Cups of soup for \$2.00, savory muffins for \$1.00 and jelly cups for \$1.50. Sam our kitchen specialist will help members of the fundraising forum make some of the soup and fruit juice jellies on the day before Souper Food Day. Fundraising Forum members will be asked to make the savoury muffins at home. We will be seeking some parent volunteers to help with the soup on the morning.

We will be sending home a flyer so students can preorder their food for this day.

Don't forget to get your order in!

#### Congratulations to Sue Lohmeyer!

Sue was earlier nominated for a Public Teaching Award. Parents may have noticed in the Advertiser this week, Sue Lohmeyer is a state finalist in the *Lifetime Achievement* Category.

Other teachers from our school who were also nominated were:

Helen Forrest

Alison Bishop

Jill Revilla (Preschool)

Pauline Bolto (School Services Officer category)

Leonie Chatfield

Congratulations to these teachers, and to all the quality staff at this school!

#### Principal's Awards

At our Week 3 Assembly the following students received Principal's Awards. Well done to all students:

**Achievement:** Caitlin Caire, Amber Bakhuis-Smith and Isabel Provis

**Kindness:** Jaxon Scholz, William Fleay, Rhiley Kain, Sophie Norris,

Imogen Martlew, Georgina Calderwood, Clodagh Riley, Kira Ladhams and Keaton Riddle

**Trustworthy:** Abbey Gray and Darcie Bills

**Respect:** Isaac Taylor, Lateisah Holt, Taleshia Rowe, Hunter Collingwood, Amber Barrow, Jed Geary, Georgia Grant, Chermia Elston, Cody Gooden, Joshua Gevers, Sophia Jeitner, Ethan Roberts, Hannah Squillace and Alexander Lynch

**Positive Attitude:** Nicholas Paech, Eddie Wallace, Jack Badenoch, Tahlia Rowe, Mitchell Bannister, Radha Winkler, Will Bollmeyer, Jessica Harrison and Oscar Schmidt.

# SSO Recognition Week

Next Week is SSO Recognition Week. Don't forget to say thankyou to our wonderful SSO's for all the wonderful work they do for our students.

## Thank You Very Much!!!

The Littlehampton Primary School and Preschool would like to thank and acknowledge the Littlehampton Veterinary Clinic for their tireless work in providing a continual medical service to all of our animals.

We really appreciate this service they provide to our school for free.

### Premier's Reading Challenge Update

Congratulations to the following students who completed the Premier's Reading Challenge, either at the end of Term 2 or since Term 3 has started. Well done!

Seth Ormandy **Annelise Griggs** Georgia Mitchell Asher Gaff Lilee Nykamp Mitchell Hawke Cameron Princi Chloe McKenny Dylan McCauley Josh Miels Emma McLean Cooper Clarke Imogene Carter Nicholas Collins **Bradley Noske** Jarred Riddell Tahnee Adams Jasper Szilassy Lily Tilton Harry Eades Jack Harris Cooper O'Neill **Kaydee Symons** 

Lachlan Burns Josh Miels Poppy Montague Megan Galettis Caleb Selby James Melville Chermia Elston Georgia Bannister **Daniel Collins** Zabien Parker-Boers Max Galettis Charley Thomas Oscar Hong Eddie Wallace Benjamin Hughes Lilah Hogben Valentina Fimmano Karli Roberts Carmen Bubner Alex Fielding Archie Hincks

Jeremy Shephard

Clint Van Eck-Braine

Bailey McKenny Jed Geary Anders Hall Oscar Schmidt Charlotte Copping Jesse Maczkowiack Isaac Blatchford Kavla Riddle **Isabel Provis** Taleisha Rowe Jayde Reddy Lucy Hannam Ashton White Liam Guest Taylah Wallace **Emily Bishop** Sabine Montague Darcy Hutchinson Mia Bishop Joshua Gevers **Eden Hopkins** Thomas Streng

Declan Elliot Jessica Harrison Ariana Jones Mikyla Gerrard Lily Hagemon Zahli Berra Tyler Martin James Van Der Zwaag Caitlin Batge Gus Brown Christian Kay Jesse Kyambadde Lucy Mankowski Aurelia Szilassy Cooper Owen Harry Scholz Imogen Martlew Olivia Mankowski

Josh Ascott Cameron Moult-Smith

Max Trojan

#### Father's Day Stall

On Thursday 29th and Friday 30th of August during lunchtime in the Stephanie Alexander Kitchen there will be a stall for children to come and purchase a gift to give to their dads on Father's Day.

Gifts will be made by the Craft Club and will range in price from 50 cents to \$5.00.

Craft Club Members

#### Super Savers Forum

Just a reminder, we would still like you to be trying to walk to walk to school on Wednesdays and Fridays. In the lead is Ms Claridge (Year 6/7) with 24 points, 2nds is Ms Thomas with 19 points and there are 4 classes, Danielle, Mr D, Mrs Chatfield and Mrs Taylor all on 16 points.

Also please remember to bring your empty batteries to the school for recycling.

#### **Pedestrian Counting**

Over the last couple of weeks you may have noticed a number of parents and staff members standing outside the school gates with folders at each end of Baker Street before and after school.

This is because we are counting pedestrians to collect data to give to the Mount Barker Council to convince them that putting a Emu crossing on Baker Street would be beneficial to our students for safety reasons.

We would like to thank everyone who has helped with this in rain or sunshine.

Margie Sarre

#### Multilit/LAP Volunteers

An afternoon tea celebration has been organized for Volunteers and children to share time together.

The celebration will be in the Stephanie Alexander Kitchen on Friday 30th August 2013 at 2pm.

Thank you for your support. We hope you can come and spend time with the children

Pauline Bolto Multilit/Lap Coordinator

# Festival of Music Choir

Choir students participating in the 'Festival of Music Choir' need to return all forms and \$20 to cover bus hire no later than Monday 19th August. If you wish to purchase tickets as part of the school group at \$29 each please return this money also by next Monday.